

PERFORMANCE TRENDS

Girls	Category	2016	2017	2018	2019	2020	2022	2023	2024	2025
60m	Gold	7.50	7.56	7.56	7.59	7.66	7.61	7.38	7.28	7.49
	6th	7.63	7.73	7.85	7.91	7.85	7.78	7.62	7.57	7.62
	27th	8.09	8.16	8.18	8.09	8.15	8.04	8.06	7.95	7.96
	Qual. Stand.	8.55	8.55	8.25	8.38	8.45	8.45	8.54	8.56	8.54
	# Qualified	70	91	36	79	72	85	107	163	158
60mH	Gold	9.00	8.72	8.49	8.69	8.83	8.73	8.57	8.91	8.73
	6th	9.35	9.38	9.04	9.13	9.23	9.54	8.98	9.17	9.24
	18th	10.87	10.08	9.82	9.77	9.95	10.25	9.64	9.85	9.57
	Qual. Stand.	10.30	11.30	11.00	11.00	11.25	11.25	11.40	11.40	11.00
	# Qualified	20	62	54	37	42	38	69	69	61
150m	Gold					18.11	18.36	17.69	17.42	17.75
	6th					18.63	18.64	18.08	18.02	18.08
	9th					18.86	18.88	18.22	18.22	18.30
	Qual. Stand.					19.60	19.60	19.75	19.75	19.75
	# Qualified					21	43	54	86	84
300m	Gold	39.17	38.12	38.60	39.56	39.68	38.97	38.20	37.82	38.45
	6th	40.38	40.46	40.15	40.93	40.86	40.96	39.79	40.17	39.67
	9th	41.22	41.23	40.52	41.12	41.39	41.26	40.01	40.81	40.04
	Qual. Stand.	43.60	44.60	44.60	44.60	44.60	44.60	44.75	44.75	44.50
	# Qualified	33	48	57	58	52	66	85	84	88
600m	Gold	1:31.91	1:34.16	1:34.44	1:35.42	1:35.68	1:35.43	1:33.42	1:33.46	1:31.16
	6th	1:35.28	1:35.79	1:38.00	1:38.31	1:38.87	1:38.28	1:37.08	1:37.93	1:38.07
	9th	1:37.51	1:39.75	1:39.05	1:39.28	1:40.81	1:39.33	1:38.34	1:39.10	1:39.02
	Qual. Stand.	1:44.50	1:44.50	1:46.00	1:46.00	1:47.20	1:47.20	1:49.00	1:49.00	1:49.00
	# Qualified	35	21	32	26	21	37	48	78	76
1500m	Gold	4:36.08	4:37.68	4:30.55	4:39.60	4:39.45	4:34.28	4:29.45	4:34.39	4:36.26
	6th	4:45.06	4:46.43	4:40.14	4:50.06	4:47.46	4:54.17	4:39.53	4:40.72	4:43.78
	12th	4:51.19	4:53.22	4:50.79	4:56.84	4:56.66	4:58.62	4:46.09	4:45.56	4:48.79
	Qual. Stand.	5:13.00	5:20.00	5:16.00	5:16.00	5:16.00	5:16.00	5:18.00	5:18.00	5:16.00
	# Qualified	49	51	45	47	38	38	66	85	68
3000m	Gold	10:21.89	10:00.05	10:03.05	10:07.11	10:13.65	10:12.13	10:02.88	9:48.62	9:54.09
	6th	10:38.63	10:33.83	10:33.50	10:30.85	10:49.32	11:04.61	10:50.31	10:34.59	10:16.73
	12th	11:43.40	10:55.20	10:55.45	10:44.14	-	-	11:29.31	10:50.49	10:38.39
	Qual. Stand.	10:50.00	11:20.00	11:20.00	11:18.00	11:18.00	11:18.00	11:23.00	11:23.00	11:23.00
	# Qualified	16	15	22	14	9	7	12	17	22
4 x 200m	Gold	1:40.64	1:44.21	1:40.43	1:42.80	1:41.31	1:46.04	1:38.94	1:42.26	1:36.64
	6th	1:49.25	1:48.33	1:45.15	1:47.62	1:47.08	1:49.74	1:46.62	1:47.62	1:47.88
	9th	1:50.87	1:48.48	1:46.19	1:49.91	1:48.67	-	1:52.23	1:50.09	1:50.90
	Qual. Stand.	1:47.00	1:54.00	1:54.00	1:54.00	1:54.00	1:54.00	1:55.30	1:55.80	1:55.80
	# Qualified	14	15	20	15	17	9	11	15	12
800m Med	Gold	1:49.94	1:51.49	1:48.65	1:44.28	1:48.79	1:50.10	1:45.55	1:48.51	1:48.80
	6th	1:53.55	1:54.54	1:53.13	1:52.84	1:54.41	1:53.21	1:54.55	1:54.59	1:59.15
	9th	1:55.66	1:55.98	1:53.85	1:55.17	-	1:55.78	1:56.10	1:59.07	-
	Qual. Stand.	2:00.00	2:00.00	2:03.00	2:03.00	2:03.00	2:03.00	2:03.00	2:03.00	2:03.00
	# Qualified	21	18	14	19	8	16	11	10	7
4 x 800m	Gold	9:34.50	9:33.20	9:51.58	9:41.32	9:43.38	9:13.99	9:22.83	9:45.96	9:46.93
	6th	10:18.15	10:29.03	10:25.85	10:25.40	10:07.25	10:27.97	10:12.68	10:22.53	10:09.23
	9th	-	-	-	-	10:21.00	-	-	-	11:00.21
	Qual. Stand.	9:55.00	10:30.00	10:40.00	10:40.00	10:40.00	10:40.00	10:44.00	10:48.00	10:48.00
	# Qualified	8	7	8	6	13	6	7	8	9
Dist. Med	Gold	12:31.78	12:21.20	12:17.75	12:41.94	12:27.99	12:53.23	11:47.11	12:49.04	12:45.41
	6th	13:03.93	13:34.38	13:09.56	13:34.07	13:17.31	-	13:20.83	-	13:47.28
	12th	13:55.07	14:25.65	13:46.16	-	-	-	-	-	-
	Qual. Stand.	Invit	13:40.00	13:55.00	14:00.00	13:50.00	13:50.00	14:06.00	14:19.00	14:19.00
	# Qualified	17	12	12	10	10	3	10	4	8

Girls	Category	2016	2017	2018	2019	2020	2022	2023	2024	2025
High Jump	Gold	5' 4"	5' 5"	5' 2"	5' 1"	5' 5"	5' 5"	5' 10.25"	5' 6"	5' 10"
	6th	5' 2"	5' 1"	5' 0"	4' 11"	5' 1"	5' 0"	5' 1"	5' 2"	5' 2"
	12th	4' 10"	4' 11"	4' 10"	-	-	-	4' 9"	4' 8"	4' 10"
	Qual. Stand.	5' 2"	5' 0"	5' 0"	5' 0"	5' 0"	5' 0"	4' 10"	4' 11"	4' 11"
	# Qualified	16	20	15	10	11	7	18	12	23
Pole Vault	Gold	12' 0"	12' 10.25"	13' 3"	12' 10"	13' 5"	13' 2"	12' 4"	12' 8"	12' 4"
	6th	11' 6"	10' 8.75"	11' 10"	11' 4"	11' 11"	11' 7"	11' 4"	11' 1"	11' 7"
	12th	10' 6"	10' 2.75"	11' 4"	11' 4"	10' 5"	11' 1"	10' 10"	10' 7"	10' 7"
	Qual. Stand.	10' 0"	10' 0"	10' 3"	10' 3"	10' 7"	10' 7"	10' 6"	10' 6"	10' 6"
	# Qualified	23	21	28	27	14	22	22	17	13
Long Jump	Gold	20' 1"	19' 4"	19' 4.75"	17' 9"	20' 4.5"	18' 7"	19' 9"	18' 9.5"	18' 10.75"
	6th	17' 8"	17' 2"	17' 10.5"	16' 4.75"	16' 11"	17' 2"	16' 11"	17' 2.5"	17' 7.5"
	12th	16' 7.25"	16' 5.75"	17' 5"	14' 8"	16' 0.5"	16' 5"	15' 4.5"	16' 7"	16' 8.25"
	Qual. Stand.	16' 6"	15' 6"	16' 0"	16' 0"	16' 0"	16' 0"	16' 0"	16' 0"	16' 0"
	# Qualified	18	34	25	17	21	24	13	27	27
Triple Jump	Gold	39' 3.5"	39' 0.25"	41' 5"	39' 0.5"	39' 3"	38' 4.5"	39' 10"	38' 2"	40' 1"
	6th	35' 3.25"	36' 9.75"	36' 7"	35' 0"	36' 6"	35' 8"	35' 11.25"	36' 3"	35' 6.5"
	12th	32' 4.5"	34' 11"	35' 0"	32' 10"	35' 3"	33' 5.5"	35' 0.25"	34' 7"	34' 3"
	Qual. Stand.	35' 6"	32' 10"	32' 10"	32' 10"	32' 8"	32' 8"	32' 5"	33' 0"	33' 6"
	# Qualified	13	22	29	15	23	16	27	20	14
Shot Put	Gold	39' 11"	40' 6.75"	41' 11.5"	47' 0"	44' 3.5"	38' 0"	39' 11.75"	41' 8.25"	47' 0.25"
	6th	34' 11"	-	34' 8"	35' 5.5"	36' 1"	33' 6.5"	36' 5.5"	36' 9.25"	35' 10.25"
	12th	30' 8"	-	-	30' 10"	32' 1.5"	-	34' 6.25"	34' 10.75"	32' 11"
	Qual. Stand.	36' 5"	33' 10"	33' 0"	33' 0"	32' 9"	32' 9"	32' 0"	32' 0"	32' 0"
	# Qualified	14	4	11	14	14	11	18	22	15
Weight Throw	Gold	46' 0.75"	47' 2.5"	54' 6.5"	48' 4.75"	48' 6.25"	45' 5"	42' 0.5"	52' 5.25"	51' 5.5"
	6th	24' 0.5"	-	28' 10.25"	36' 5.75"	36' 11"	32' 1"	38' 5"	43' 3.5"	44' 2.75"
	12th	-	-	-	19' 8"	-	-	28' 4"	36' 1.75"	34' 0.25"
	Qual. Stand.	Invit	Invit	Invit	Invit	Invit	Invit	Invit	Invit	Invit
	# Qualified	6	5	6	13	11	11	15	21	15
Pentathlon	Gold	3422	3622	2940	2784	3134	3007	3371	3796	3366
	6th	1605	1667	2551	2316	2558	-	2768	2110	2601
	Qual. Stand.	Invit	Invit	Invit	Invit	Invit	Invit	Invit	Invit	Invit
	# Qualified	6	6	9	8	13	5	13	7	7

ATHLETES	319	400	369	365	362	410	567	708	671
RELAYS	60	52	54	50	48	34	39	37	36

WINTER CHAMPIONSHIP RECORDS

GIRLS

60m	7.28	Mikaela Warr	Canyon CC TC	2024
150m	17.42	Mikaela Warr	Canyon CC TC	2024
300m	37.82	Payton Smith	La Jolla TC	2024
600m	1:31.16	Anne Elise Packard	JSerra TC	2025
1500m	4:29.45	Janelle Avilez	Etiwanda TC	2023
3000m	9 :48.62	Summer Wison	JSerra TC	2024
60mH	8.49	Danae Dyer	Temecula Valley TC	2018
4 x 200m	1:36.64	Canyon CC TC		2025
800m Sp. Med	1:44.28	Calabasas TC		2019
4 x 800m	9:13.99	JSerra TC		2022
Distance Med	11:47.11	Oaks Christian TC		2023
High Jump	5' 10.25"	Meagan Humphries	Castaic TC	2023
Pole Vault	13' 5"	Ashley Callahan	Rancho Bernardo TC	2020
Long Jump	20' 4.5"	Caelyn Harris	Upland TC	2020
Triple Jump	41' 5"	Micah Fulton	Muir TC	2018
Shot Put	47' 0.25"	Jaslene Massey	Aliso Niguel TC	2025
20lb Weight	54' 6.5"	Faimalie Sale	Los Alamitos TC	2018
Pentathlon	3796	Meagan Humphries	Castaic TC	2024

GIRLS – WINTER CHAMPIONSHIPS ALL-TIME LIST

60m

Mikaela Warr, Canyon CC TC (S)	7.28	2024
Reign Redmond, Carson TC (LA)	7.38	2023
Niya Clayton, Oaks Christian TC (S)	7.43	2024
Christina Gray, Carson TC (LA)	7.46	2024
Ellie McCuskey-Hay, St. Ignatius TC (CC)	7.49	2025
Ariyonna Augustine, LB Poly TC (S)	7.50	2016
Emerald Bowens, Redlands East TC (S)	7.50	2016
Jordyn Tucker, Monrovia TC (S)	7.51	2016
Niya Clayton, Oaks Christian TC (S)	7.51	2023
Justine Wilson, Rosary TC (S)	7.51	2024
Mikaela Warr, Canyon CC TC (S)	7.53	2023
Ellie McCuskey-Hay, St. Ignatius TC (CC)	7.53	2024
Christina Gray, Carson TC (LA)	7.53	2025
Christina Gray, Carson TC (LA)	7.55p	2025
Emerald Bowens, Redlands East TC (S)	7.56	2017
Deanna Nowling, Calabasas TC (S)	7.56	2018
Reign Redmond, Carson TC (LA)	7.56p	2023

Mikaela Warr, Canyon CC TC (S) 7.50pw 2024

60mH

Danae Dyer, Temecula Valley TC (S)	8.49	2018
Yvette Harris, Lincoln TC (SJ)	8.54	2023
Breanna Bernard-Joseph, Roosevelt TC (S)	8.63	2018
Kailah McKenzie, Orange Vista TC (S)	8.68	2023
Bella Witt, Calabasas TC (S)	8.69	2019
Danae Dyer, Temecula Valley TC (S)	8.72	2017
Charlize James, San Diego TC (SD)	8.73	2022
Brooke White, River City TC (SJ)	8.73	2025
Rhesa Foster, Clovis North TC (C)	8.76	2016
Mya Greene, Carter TC (S)	8.80	2018
Asjah Attkinson, St. Anthony TC (S)	8.83	2020
Kailah McKenzie, Orange Vista TC (S)	8.84	2022
Kailah McKenzie, Orange Vista TC (S)	8.84p	2023

150m

Mikaela Warr, Canyon CC TC (S)	17.42	2024
Reign Redmond, Carson TC (LA)	17.69	2023
Christina Gray, Carton TC (LA)	17.75	2025
Justine Wilson, Rosary TC (S)	17.83	2025
Laraigh Allen, Helix TC (SD)	17.84	2023
Madison Easter, Buena TC (S)	17.84	2024
Payton Smith, La Jolla TC (SD)	17.85	2023
Payton Smith, La Jolla TC (SD)	17.89	2024
Maliyah Collins, Rosary TC (S)	17.91	2025
Olivia Kirk, Royal TC (S)	17.94	2024
Kaitlyn Williams, Carson TC (LA)	17.96	2025

300m

Payton Smith, La Jolla TC (SD)	37.82	2024
Shae Anderson, Norco TC (S)	38.12	2017
Meagan Humphries, Castaic TC (S)	38.20	2023

Rayah Rodriguez, Oaks Christian TC (S)	38.45	2025
Gizelle Reid, Rancho NV TC	38.60	2018
Carolyn Wilson, Oaks Christian TC (S)	38.74	2017
Payton Smith, La Jolla TC (SD)	38.74	2023
Justine Wilson, Rosary TC (S)	38.90	2024
Lanai Gant, Canyon CC TC (S)	38.91	2025
Egbe Ndigpagbor, Corona TC (S)	38.93	2018
Adonijah Currie, Golden Valley TC (S)	38.97	2022

600m

Anna Elise Packard, JSerra TC (S)	1:31.16	2025
Carolyn Wilson, Oaks Christian TC (S)	1:31.91	2016
Ashley Willingham, Los Alamitos TC (S)	1:32.55	2016
Azra Gercek, Portola TC (S)	1:33.24	2025
Samira Kennedy, Castilleja TC (CC)	1:33.42	2023
Makenna Herbst, Carlsbad TC (SD)	1:33.46	2024
Chloe Elbaz, JSerra TC (S)	1:33.51	2025
Bailey Pate, West Ranch TC (S)	1:33.55	2016
Shae Anderson, Norco TC (S)	1:34.16	2017
Georgia Jeanneret, JSerra TC (S)	1:34.52	2024

1500m

Janelle Avilez, Etiwanda TC (S)	4:29.45	2023
Gioana Lopizzo, La Costa Canyon TC (SD)	4:30.01	2023
Allura Markow, Dana Hills TC (S)	4:30.08	2023
Fatima Cortes, Great Oak TC (S)	4:30.55	2018
Arielle McKenzie, La Canada TC (S)	4:34.28	2022
Jordin Lieberman, Murrieta Valley TC (S)	4:34.39	2024
Anne Elise Packard, JSerra TC (S)	4:35.78	2024
Ashlee Gallegos, JSerra TC (S)	4:35.81	2022
Michelle Magnani, Moorpark TC (S)	4:36.08	2016
Megan Crum, Temescal Canyon TC (S)	4:36.26	2025

3000m

Summer Wilson, JSerra TC (S)	9:48.62	2024
Charlotte Hopkins, Arcadia TC (S)	9:54.09	2025
Megan Crum, Temsecal Valley TC (S)	9:54.64	2025
Ariella Avina, Murrieta Valley TC (S)	9:55.37	2024
Claire Graves, Citrus Valley TC (S)	10:00.05	2017
Marjourie Lopez, Shadow Hills TC (S)	10:02.88	2023
Fatima Cortes, Great Oak TC (S)	10:03.05	2018
Megan Crum, Temescal Canyon TC (S)	10:04.34	2024
Tori Gaitan, Great Oak TC (S)	10:05.38	2018
Niki Iyer, Harker TC (S)	10:05.95	2017
Emilia Gonzalez, Arcadia TC (S)	10:06.62	2026

4 x 200m

Canyon CC TC (S)	1:36.64	2025
Oaks Christian TC (S)	1:37.81	2025
Serra TC (S)	1:38.94	2023
Golden Valley TC (S)	1:38.95	2023
Rancho NV TC	1:40.43	2018
Serra TC (S)	1:40.64	2016
Roosevelt TC (S)	1:41.31	2020
Carson TC (LA)	1:41.67	2018
St. Mary's Academy TC (S)	1:42.26	2024
Etiwanda TC (S)	1:42.55	2020

800m Sprint Medley

Calabasas TC (S)	1:44.28	2019
Serra TC (S)	1:45.55	2023
Dana Hills TC (S)	1:48.33	2019
Canyon CCTC (S)	1:48.51	2024
Chino (S)	1:48.65	2018
St. Mary's Academy TC (S)	1:48.68	2019
Yucaipa TC (S)	1:48.79	2020
St. Mary's Academy TC (S)	1:48.80	2025
Orange Vista TC (S)	1:48.84	2023
Dana Hills TC (S)	1:49.19	2018

4 x 800m

JSerra TC (S)	9:13.99	2022
JSerra TC (S)	9:22.83	2023
Chino Hills TC (S)	9:32.73	2023
Great Oak TC (S)	9:33.20	2017
JSerra TC (B) (S)	9:34.12	2023
Great Oak TC (S)	9:34.50	2016
La Canada TC (S)	9:37.92	2022
Great Oak TC (S)	9:41.32	2019
Great Oak TC (S)	9:43.38	2020
Chino Hills TC (S)	9:45.96	2024

Distance Medley

Oaks Christian TC (S)	11:47.11	2023
Claremont TC (S)	12:17.75	2018
Great Oak TC (S)	12:21.20	2017
Great Oak TC (S)	12:27.99	2020
Claremont TC (S)	12:30.17	2017
Great Oak TC (S)	12:31.78	2016
Claremont TC (S)	12:39.98	2023
Claremont TC (S)	12:41.94	2019
Arcadia TC (S)	12:42.97	2016
Oaks Christian TC (S)	12:45.41	2025

High Jump

Meagan Humphries, Castaic TC (S)	5' 10.25"	2023
Jillene Wetteland, Long Beach Poly TC (S)	5' 10"	2025
Meagan Humphries, Castaic TC (S)	5' 8"	2024
Jillene Wetteland, Long Beach Poly TC (S)	5' 6"	2024
Valentina Fakrogha, Ventura TC (S)	5' 6"	2024
Julia Teven, Brea Olinda TC (S)	5' 6"	2025
Laruelle Lelani, Monte Vista TC (SD)	5' 6"	2025
Abigail Burke, Riverside Poly TC (S)	5' 5"	2017
Isabella Palchak, St. Francis TC (SJ)	5' 5"	2020
Amara Thomas, Valley View TC (S)	5' 5"	2022
Amara Thomas, Valley View TC (S)	5' 5"	2023
Kailah McKenzie, Orange Vista TC (S)	5' 4.25m	2020
Hannah Hanson, AAE TC (S)	5' 4"	2016
Hannah Nance, San Dimas TC (S)	5' 4"	2016
Chianne Warner, Knight TC (S)	5' 4"	2016
Abby McPhillips, Oak Park TC (S)	5' 4"	2016
Meagan Humphries, Golden Valley TC (S)	5' 4"	2022
Kylee Davis, Golden Valley TC (S)	5' 4"	2022
Amara Thomas, Valley View TC (S)	5' 4"	2024
Makena Bailey, Chino Hills TC (S)	5' 4"	2024
Ava Schauwecker, Mira Costa TC (S)	5' 4"	2025

Pole Vault

Ashley Callahan, Rancho Bernardo TC (SD)	13' 5"	2020
Laurel Wong, Santa Catalina TC (CC)	13' 3"	2018
Lexi Evans, Scripps Ranch TC (SD)	13' 2"	2022
Paige Sommers, Westlake TC (S)	12' 11"	2020
Laurel Wong, Santa Catalina TC (CC)	12' 10.25"	2017
Laurel Wong, Santa Catalina TC (CC)	12' 10"	2019
Brooke Tjerrild, Clovis North TC (C)	12' 8.25"	2017
Kelly DeJong, Maranatha TC (S)	12' 8"	2024
Allison Leigh, Del Norte TC (SD)	12' 7"	2022
Amari Turner, Redondo TC (S)	12' 4"	2018
Paige Sommers, Westlake TC (S)	12' 4"	2019
Camryn Thomson, Poway TC (SD)	12' 4"	2019
Iliana Downing, La Costa Canyon TC (SD)	12' 4"	2023
Jessica Condliff, Canyon Crest Academy TC (SD)	12' 4"	2024

Long Jump

Caelyn Harris, Upland TC	20' 4.5"	2020
Courtney Corrin, Harvard-Westlake TC	20' 1"	2016
Alyssa Hope, ML King TC	19' 9"	2023
Meagan Humphries, Castaic TC (S)	19' 6.75"	2024
Jo'non Young, Carson TC	19' 4.75"	2018
Katherine Jackson, Rodriguez TC	19' 4"	2017
Rhesa Foster, Clovis North TC	19' 3"	2016
Micah Fulton, Muir TC	19' 0.25"	2018
Asjah Attkinson, St. Anthony TC	19' 0"	2020
Dominique Ruotolo, Mater Dei TC	18' 11.25"	2018

Triple Jump

Micah Fulton, Muir TC	41' 5"	2018
Dominique Ruotolo, Mater Dei TC	41' 1"	2018
Ab Hernandez, Jurupa Valley TC (S)	40' 1"	2025
Alyssa Hope, ML King TC	39' 10"	2023
Ciynamon Stevenson, Great Oak TC	39' 3.5"	2016
Sameerah Evans, Vallejo TC	39' 3"	2020
Summer Stevenson, Great Oak TC	39' 0.5"	2019
Dominique Ruotolo, Mater Dei TC	39' 0.25"	2017
Micah Fulton, Muir TC	39' 0.25"	2017
Arrieya Harper, Carson TC	38' 8"	2020
Malia Jones, Oceanside TC (SD)	38' 7"	2025
Jo'non Young, Carson TC	38' 4"	2018
Lauren Reed, LB Poly TC	38' 4"	2022

Shot Put

Jaslene Massey, Aliso Niguel TC (S)	47' 0.25"	2025
Natalie Ramirez, West Ranch TC	47' 0"	2019
Faith Bender, Liberty TC	45' 1"	2019
Faith Bender, Liberty TC	44' 3.5"	2020
Faimalie Sale, Los Alamitos TC	41' 11.5"	2018
Mai Ricks, Long Beach Poly TC (S)	41' 8.25"	2024
Ana Tovi, San Geronio TC	41' 7"	2018
Su'Riah Williams, Redlands TC (S)	41' 4.25"	2025
Faith Bender, Liberty TC	40' 11"	2018
Alladia Patterson, Louisville TC	40' 6.75"	2017
Faimalie Sale, Los Alamitos TC	40' 5"	2017
Brianna Kelpis, Quartz Hills TC	40' 3"	2020
Mackenzie Monson, South Torrance TC (S)	39' 9"	2024

Weight Throw

Faimalie Sale, Los Alamitos TC (S)	54' 6.5"	2018
Ronan Gallagher, Folsom TC (SJ)	52' 5.25"	2024
Amanda Javallana, Pleasant Grove TC (SJ)	51' 5.5	2025
Thea Jeffress, Clayton Valley TC (NC)	50' 0.5	2025
Corynn Smith, Desert Christian TC (S)	49' 5.5"	2025
Elizabeth Ojukwu, Pleasant Grove TC (SJ)	48' 8"	2025
Jillian Stafford, Dana Hills TC (S)	48' 6.25"	2020
Dayanara Cendejas, Warren TC (S)	48' 4.75"	2019
Jamie Deines, Redondo TC (S)	47' 7.5"	2025
Faimalie Sale, Los Alamitos TC (S)	47' 2.5"	2017
Dayanara Cendejas, Warren TC (S)	46' 4.25"	2020
Caitlin McClain, San Joaquin TC	46' 0.75"	2016

Pentathlon

Meagan Humphries, Castaic TC (S)	3796	2024
Tierra Crockrell, Calabasas TC(S)	3622	2017
Tierra Crockrell, Calabasas TC (S)	3422	2016
Samantha Seaton, Westlake TC (S)	3410	2017
Yvette Harris, Lincoln-Stockton TC (SJ)	3371	2023
Katie McGuinness, La Canada TC (S)	3366	2025
Giovana Pelascini, Trinity Pacific Chr. TC (S)	3360	2023
Kate Kutzer, South Pasadena TC (S)	3312	2016
Katie McGuinness, La Canada TC (S)	3242	2024
Daj'Eauna Williams, Elsinore TC (S)	3231	2023
Avery Leck, San Marcos TC (S)	3227	2025

m = Done in the Multi

GIRLS

60m

2016 2/13	Cerritos College, Norwalk
1. Ariyonna Augustine, LB Poly TC	7.50
2. Emerald Bowens, Redlands East TC	7.50
3. Jordyn Tucker, Monrovia TC	7.51
4. Deanna Nowling, Calabasas TC	7.57
5. Jalyn Harris, Rancho Cucamonga TC	7.61
6. Jasmin Reed, Serra Garden TC	7.63

2017 2/11	Arcadia HS, Arcadia
1. Emerald Bowens, Redlands East TC	7.56
2. Jalyn Harris, Rancho Cucamonga TC	7.61
3. Shae Anderson, Norco TC	7.62
4. Jazmyne Frost, Serra TC	7.68
5. Shante Robinson, Mira Costa TC	7.73
6. Gizelle Reid, Rancho NV TC	7.73

2018 2/17	Arcadia HS, Arcadia
1. Deanna Nowling, Calabasas TC	7.56
2. Teleda Williams, Rancho NV TC	7.65
3. Mariah Allain, La Sierra TC	7.72
4. Angelina Camello, San Pedro TC	7.84
5. Morgan Hawkins, Rosamond TC	7.84
6. Amira Edmond, Ranch NV TC	7.85

2019 2/9	Arcadia HS, Arcadia
1. Jazmye Frost, Serra TC	7.59
2. Aniya Smith, Rancho NV TC	7.61
3. Alexis Alexander, Lakewood TC	7.65
4. Chrystal Aluya, Valencia TC	7.86
5. Taylor Shorter, Norco TC	7.89
6. Destinee Reid, Serra TC	7.91

2020 2/8	Arcadia HS, Arcadia
1. Kaitlyn Williams, Carson TC	7.66
2. Aysha Shaheed, Madison TC	7.70
3. Kennedi Porter, Etiwanda TC	7.75
4. Summer Sergeant, Vista TC	7.82
5. Kalah Bateman, Eastlake TC	7.85
6. Ta'Ajhah Fann, Golden Valley TC	7.85

2021

Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
1. Ta'Ajhah Fann, Golden Valley TC (S)	7.61

2. Mikaela Warr, Canyon CC TC (S)	7.70
3. Shelby Richmond, Thousand Oaks TC (S)	7.76
4. Payton Smith, La Jolla TC (SD)	7.77
5. Amirah Shaheed, James Madison TC (SD)	7.78
6. Aniyah Wyche, LB Poly TC (S)	7.78

2023 2/4	Arcadia HS, Arcadia
1. Reign Redmond, Carson TC (LA)	7.38
2. Niya Clayton, Oaks Christian TC (S)	7.51
3. Mikaela Warr, Canyon-CC TC (S)	7.53
4. Laraigh Allen, Helix TC (SD)	7.58
5. Amirah Shaheed, Madison TC (SD)	7.60
6. Mari Testa, Campolindo TC (NC)	7.62
6. Kayla McBride, Ayala TC (S)	7.62

P. Reign Redmond	7.56
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2024 2/3	Arcadia HS, Arcadia
1. Mikaela Warr, Canyon CC TC (S)	7.28
2. Niya Clayton, Oaks Christian TC (S)	7.43
3. Chrisina Gray, Carson TC (LA)	7.46
4. Justine Wilson, Rosary TC (S)	7.51
5. Ellie McCuskey-Hay St. Ignatius TC (SF)	7.53
6. Alysiana Winston, Twelve Bridges TC (SJ)	7.57

P. Mikaela Warr, Canyon CC TC (S)	7.50w
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2025 2/8	Arcadia HS, Arcadia
1. Ellie McCuskey-Hay, St. Ignatius TC (CC)	7.49
2. Christina Gray, Carson TC (LA)	7.53
3. Maliyah Collins, Rosary TC (S)	7.58
4. Lauren Gilhooly, Coronado TC (SD)	7.58
5. Justine Wilson, Rosary TC (S)	7.60
6. Rayah Rodriguez, Oaks Christian TC (S)	7.62

60mH

2016 2/13	Cerritos College, Norwalk
1. Tammy Vien, Rosemead TC	9.00
2. Danae Dyer, Temecula Val. TC	9.01
3. Shante Robinson, Mira Costa TC	9.04
4. Emma Kratzberg, Newport Harbor TC	9.08
5. Caice Lanovaz, Los Gatos TC	9.21
6. Samantha Seaton, Westlake TC	9.35

P. Rhessa Foster, Clovis North TC	8.76
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2017 2/11	Arcadia HS, Arcadia
1. Danae Dyer, Temecula Val. TC	8.72

2. Shae Anderson, Norco TC	8.85
3. Shante Robinson, Mira Costa TC	8.92
4. Breanna Bernard-Joseph, Roosevelt TC	8.97
5. Asia Smith, Mission Hills TC	9.24
6. Malia Avila, Walnut TC	9.38

2018 2/17	Arcadia HS, Arcadia
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1. Danae Dyer, Temecula Val. TC	8.49
2. Breanna Bernard-Joseph, Roosevelt TC	8.63
3. Mya Greene, Carter TC	8.80
4. Bella Witt, Birmingham TC	8.94
5. Micah Fulton, Muir TC	8.95
6. Taylor Shorter, Norco TC	9.04

2019 2/9	Arcadia HS, Arcadia
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1. Bella Witt, Calabasas TC	8.69
2. A'Lena Chaney, Serra TC	8.88
3. Taylor Shorter, Norco TC	8.94
4. Reese Renz, Liberty TC	9.01
5. Sonia Redon, San Diego TC	9.10
6. Tierra Davis, Stagg TC	9.13

2020 2/8	Arcadia HS, Arcadia
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1. Asjah Attkinson, St. Anthony TC	8.83
2. Charlize James, San Diego TC	8.92
3. Amari Jenkins, JW North TC	9.12
4. Caelyn Harris, Upland TC	9.21
5. Amira Hawkins, North Torrance TC	9.21
6. Myah Hatcher, Roosevelt TC	9.23

2021

Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
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1. Charlize James, San Diego TC (SD)	8.73
2. Kailah McKenzie, Orange Vista TC (S)	8.84
3. Yvett Harris, Lincoln TC (SJ)	9.00
4. Madeleine Conte, Monrovia TC (S)	9.47
5. Kylee Davis, Golden Valley TC (S)	9.48
6. Mia Holden, South Pasadena TC (S)	9.54

2023 2/4	Arcadia HS, Arcadia
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1. Yvett Harris, Lincoln TC (SJ)	8.57
2. Kailah McKenzie, Orange Vista TC (S)	8.68
3. Jaiya Fletcher, Serra TC (S)	8.85
4. London Davis, St. Bernard TC (S)	8.91
5. Mari Testa, Campolindo TC (NC)	8.98
6. Giselle Kirchner, Rocklin TC (SJ)	8.98

2024 2/3	Arcadia HS, Arcadia
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1. Niya Clayton, Oaks Christian TC (S)	8.91
2. Anise Becker, Long Beach Poly TC (S)	8.92
3. Kylani Gaines, Riverside Poly TC (S)	9.03
4. Laniah Simpson, Archbishop Mitty (CC)	9.05
5. Jaiya Fletcher, Serra TC (S)	9.11
6. Morgan King, Long Beach Poly TC (S)	9.17

2025 2/8	Arcadia HS, Arcadia
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1. Brooke White, River City TC (SJ)	8.73
2. Gabrielle Thomas, Grossmont TC (SD)	8.85
3. Kylani Gains, Riverside Poly TC (S)	8.94
4. Monika Vargas, Mayfield TC (S)	8.97
5. Daniela Hughes, Los Altos TC (CC)	9.10
6. Breelyn Newsome, Bishop Alemany TC (S)	9.24

P. Morgan Herbst, Carlsbad TC (SD) 8.85

150m

2020 2/8	Arcadia HS, Arcadia
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1. Aysha Shaheed, Madison TC	18.11
2. Kaitlyn Williams, Carson TC	18.16
3. Kennedi Porter, Etiwanda TC	18.35
4. Lauren Davis, El Segundo TC	18.44
5. Stevie Wu, Murrieta Mesa TC	18.50
6. Maya Shinnick, Glendora TC	18.63

2021

Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
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1. Laraigh Allen, Helix TC (SD)	18.36
2. Shelby Richmond, Thousand Oaks TC (S)	18.37
3. Adonijah Currie, Golden Valley TC (S)	18.39
4. Leila Kepler, JW North TC (S)	18.52
5. Payton Smith, La Jolla TC (SD)	18.61
6. Eve Divinity, Redondo TC (S)	18.65

2023 2/4	Arcadia HS, Arcadia
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1. Reign Redmond, Carson TC (LA)	17.69
2. Laraigh Allen, Helix TC (SD)	17.84
3. Payton Smith, La Jolla TC (SD)	17.85
4. Mikaela Warr, Canyon CC TC (S)	17.98
5. Taylor Snaer, East Union TC (SJ)	18.02
6. Kayla McBride, Ayala TC (S)	18.08

2024 2/3	Arcadia HS, Arcadia
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1. Mikaela Warr, Canyon CC TC (S)	17.42
2. Madison Easter, Buena TC (S)	17.84
3. Payton Smith, La Jolla TC (SD)	17.89
4. Olivia Kirk, Royal TC (S)	17.94
5. Niya Clayton, Oaks Christian TC (S)	18.02
6. Christina Gray, Carson TC (LA)	18.09

2025 2/8 Arcadia HS, Arcadia

1. Christina Gray, Carson TC (LA)	17.75
2. Justine Wilson, Rosary TC (S)	17.83
3. Maliyah Collins, Rosary TC (S)	17.91
4. Kaitlyn Williams, Carson TC (LA)	17.96
5. Devyn Sproles, Oaks Christian TC (S)	17.98
6. Ellie McCuskey-Hay, St. Ignatius TC (CC)	18.08

300m

2016 2/13 Cerritos College, Norwalk

1. Breanna Bernard-Joseph, Roosevelt TC	39.17
2. Carolyn Wilson, Oaks Christian TC	39.63
3. Deanna Nowling, Calabasas TC	39.66
4. Ashley Willingham, Los Alamitos TC	39.71
5. Shante Robinson, Mira Costa TC	40.03
6. Jaylah Walker, La Sierra TC	40.38

2017 2/11 Arcadia HS, Arcadia

1. Shae Anderson, Norco TC	38.12
2. Carolyn Wilson, Oaks Christian TC	38.74
3. Gizelle Reid, Rancho NV TC	39.43
4. Breanna Bernard Joseph, Roosevelt TC	39.75
5. Jalyn Harris, Rancho Cucamonga TC	39.81
6. Amari Prude, Bonita TC	40.46

2018 2/17 Arcadia HS, Arcadia

1. Gizelle Reid, Rancho NV TC	38.60
2. Egbe Ndigagbor, Corona TC	38.93
3. Breanna Bernard-Joseph, Roosevelt TC	39.92
4. Jordan Davis, Rancho NV TC	39.92
5. Deja Allain, La Sierra TC	40.00
6. Deanna Nowling, Calabasas TC	40.15

2019 2/9 Arcadia HS, Arcadia

1. Egbe Ndigagbor, Corona TC	39.56
2. Alexis Alexander, Lakewood TC	40.18
3. Sydney Bentley, St. Bernard TC	40.30
4. Taylor Shorter, Norco TC	40.37
5. Valeia Payne, Chino TC	40.80
6. Deja Allain, La Sierra TC	40.93

2020 2/8 Arcadia HS, Arcadia

1. Jocelyn Niemic, Beckman TC	39.68
2. Naomi Johnson, Roosevelt TC	39.74
3. Stevie Wu, Murrieta Mesa TC	40.35
4. Amari Jenkins, JW North TC	40.40
5. Yleana Lopez, Golden Valley TC	40.53
6. Shelby Richmond, Thousand Oaks TC	40.86

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Adonijah Currie, Golden Valley TC (S)	38.97
2. Maya Shinnick, Glendora TC (S)	39.84
3. Caroline Hawkes, San Clemente TC (S)	40.09
4. Naomi Johnson, Roosevelt TC (S)	40.17
5. Kayla McBride, Ayala TC (S)	40.47
6. Anjali Yella, Harker TC (CC)	40.96

2023 2/4 Arcadia HS, Arcadia

1. Meagan Humphries, Castaic TC (S)	38.20
2. Payton Smith, La Jolla TC (SD)	38.74
3. Maya Woolforde, JSerra TC (S)	39.19
4. Cate Peters, Monte Vista TC (NC)	39.49
5. Kennadi Reed, Long Beach Poly TC (S)	39.66
6. Rayah Rodriguez, Oaks Christian TC (S)	39.79

2024 2/3 Arcadia HS, Arcadia

1. Payton Smith, La Jolla TC (SD)	37.82
2. Justine Wilson, Rosary TC (S)	38.90
3. Madison Mosby, St. Mary's Academy TC (S)	39.11
4. Rayah Rodriguez, Oaks Christian TC (S)	39.28
5. Jaylin Hunter, Long Beach TC (S)	40.05
6. Nevaeh Lewis, Long Beach TC (S)	40.17

2025 2/8 Arcadia HS, Arcadia

1. Rayah Rodriguez, Oaks Christian TC (S)	38.45
2. Lanai Gant, Canyon CC TC (S)	38.91
3. Justine Wilson, Rosary TC (S)	38.96
4. Ellie McCuskey-Hay, St. Ignatius TC (CC)	39.59
5. Zamaria Mack, Otay Ranch TC (SD)	39.64
6. Alays Graves-Hogains, Canyon CC TC (S)	39.67

600m

2016 2/13 Cerritos College, Norwalk

1. Carolyn Wilson, Oaks Christian TC	1:31.91
2. Ashley Willingham, Los Alamitos TC	1:32.55
3. Bailey Pate, West Ranch TC	1:33.55

4. Kiley McCarthy, Carlsbad TC	1:34.70
5. Michelle Magnani, Moorpark TC	1:34.84
6. Kalea Ibarra, Riverside Poly TC	1:35.28

2017 2/11 Arcadia HS, Arcadia

1. Shae Anderson, Norco TC	1:34.16
2. Kalea Ibarra, Riverside Poly TC	1:34.83
3. Jennifer Daly, Dana Hills TC	1:34.99
4. Maya Sharp, Westlake TC	1:35.08
5. Kiley McCarthy, Carlsbad TC	1:35.68
6. Janiah Brown, Calabasas TC	1:35.79

2018 2/17 Arcadia HS, Arcadia

1. Alyssa Blockburger, Los Alamitos TC	1:34.44
2. Alexys Ford, Roosevelt TC	1:34.82
3. Kalea Ibarra, Riverside Poly TC	1:34.84
4. Megan Bolton, McQueen NV TC	1:36.74
5. Sarah Heckel, Yorba Linda TC	1:37.35
6. Maya Richardson, San Pedro TC	1:38.00

2019 2/9 Arcadia HS, Arcadia

1. Janiah Brown, Oaks Christian TC	1:35.42
2. Alexys Ford, Roosevelt TC	1:36.12
3. Lucea Wright, Marlborough TC	1:36.99
4. Mia Lawrence, Dana Hills TC	1:37.53
5. Hailey Golmon, Westlake TC	1:38.22
6. Alexandra Lomeli, Notre Dame (SO) TC	1:38.31

2020 2/8 Arcadia HS, Arcadia

1. Rebecca Vanderpoel, Liberty TC	1:35.68
2. Kaho Cichon, Fountain Valley TC	1:36.14
3. Mia Chavez, Chino TC	1:36.51
4. Kirstin Light, Norco TC	1:37.70
5. Laila Wright, Etiwanda TC	1:38.48
6. Sydney Holden, Crossroads TC	1:38.87

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Mia Chavez, Chino TC (S)	1:35.43
2. Aliyah Williams, Edison TC (C)	1:36.67
3. Jessica Chisar, College Park TC (NC)	1:37.27
4. Analeiah Mendoza, Vista Murrieta TC (S)	1:37.31
5. Kaho Chicon, Fountain Valley TC (S)	1:37.91
6. Riley Norris, Villa Park TC (S)	1:38.28

2023 2/4 Arcadia HS, Arcadia

1. Samira Kennedy, Castilleja TC (CC)	1:33.42
2. Hannah Butterfield, Beaumont TC (S)	1:35.10
3. Georgia Jeanneret, JSerra TC (S)	1:35.37
4. Fiona Holloway, Vista Murrieta TC (S)	1:36.49
5. Isabella Duarte, Chino Hills TC (S)	1:37.08
6. Braelon Holmes, Calabasas TC (S)	1:37.45

2024 2/3 Arcadia HS, Arcadia

1. Makenna Herbst, Carlsbad TC (SD)	1:33.46
2. Georgia Jeanneret, JSerra TC (S)	1:34.52
3. Maya Woolforde, JSerra TC (S)	1:34.78
4. Arielle McKenzie, Calabasas TC (S)	1:35.71
5. Savannah Harris, Lick-Wilm. TC (NC)	1:37.67
6. Chloe Elbaz, JSerra TC (S)	1:37.93

2025 2/8 Arcadia HS, Arcadia

1. Anne Elise Packard, JSerra TC (S)	1:31.16
2. Azra Gercek, Portola TC (S)	1:33.24
3. Chloe Elbaz, JSerra TC (S)	1:33.51
4. Savannah Harris, Lick-Wilmerding TC (NC)	1:34.71
5. Alya Graves-Hogains, Canyon CC TC (S)	1:36.00
6. Morgan Woolforde, JSerra TC (S)	1:38.07

1500m

2016 2/13 Cerritos College, Norwalk

1. Michelle Magnani, Moorpark TC	4:36.08
2. Alyssa Ungrady, Great Oak TC	4:37.51
3. McKenna Brown, La Costa Canyon TC	4:37.81
4. Evelyn Mandel, Great Oak TC	4:40.54
5. Bianca Alonzo, Marlborough TC	4:43.87
6. Niki Iyer, Harker TC	4:45.06

2017 2/11 Arcadia HS, Arcadia

1. Kiyena Beatty, Great Oak TC	4:37.68
2. Sydney Belus, Great Oak TC	4:38.26
3. Kai Bohannon, Liberty TC	4:40.00
4. Evelyn Mandel, Great Oak TC	4:44.07
5. Sandra Pflughoft, Great Oak TC	4:46.04
6. Arianna Griffiths, Great Oak TC	4:46.43

2018 2/17 Arcadia HS, Arcadia

1. Fatima Cortes, Great Oak TC	4:30.55
2. Misty Diaz, Norwalk TC	4:36.65
3. McKenna Brown, La Costa Canyon TC	4:37.41
4. Mia Barnett, Village Christian TC	4:38.93
5. Tori Gaitan, Great Oak TC	4:40.05
6. Sydney Hwang, Claremont TC	4:40.14

2019 2/9	Arcadia HS, Arcadia
1. Tori Gaitan, Great Oak TC	4:39.60
2. Sofia Abrego, Granada Hills TC	4:40.02
3. Arianna Griffiths, Great Oak TC	4:41.93
4. Hailey Golmon, Westlake TC	4:49.47
5. Katelyn Vuong, Covina TC	4:49.88
6. Fatima Cortes, Great Oak TC	4:50.06

2020 2/8	Arcadia HS, Arcadia
1. Arianna Griffiths, Great Oak TC	4:39.45
2. Mia Chavez, Chino TC	4:44.97
3. Sofia Abrego, Granada Hills TC	4:45.30
4. Kelli Gaffney, Great Oak TC	4:45.31
5. Rebecca Schultz, Westlake TC	4:47.41
6. Audrey Dang, Great Oak TC	4:47.46

2021
Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
1. Arielle McKenzie, La Canada TC (S)	4:34.28
2. Ashlee Gallegos, JSerra TC (S)	4:35.81
3. Georgia Jeanneret, JSerra TC (S)	4:42.45
4. Isis Diaz, Sierra Canyon TC (S)	4:52.66
5. Brooke O'Brien, JSerra TC (S)	4:53.16
6. Janelle Avilez, Etiwanda TC (S)	4:54.17

2023 2/4	Arcadia HS, Arcadia
1. Janelle Avilez, Etiwanda TC (S)	4:29.45
2. Gioana Lopizzo, La Costa Canyon TC (SD)	4:30.01
3. Allura Markow, Dana Hills TC (S)	4:30.08
4. Brianne Smith, Quartz Hills TC (S)	4:37.97
5. Annie Ivarsson, Dana Hills TC (S)	4:39.29
6. Brynn Garcia, JSerra TC (S)	4:39.53

2024 2/3	Arcadia HS, Arcadia
1. Jordin Lieberman, Murr. Valley TC (S)	4:34.39
2. Anne Elise Packard JSerra TC (S)	4:35.78
3. Mia Torrecillas, Highland TC (C)	4:36.72
4. Megan Crum, Tem. Canyon TC (S)	4:38.27
5. Chloe Elbaz, JSerra TC (S)	4:39.64
6. Reese Holley, JSerra TC (S)	4:40.72

2025 2/8	Arcadia HS, Arcadia
1. Megan Crum, Temescal Canyon TC (S)	4:36.26
2. Isabella Wroblewski, Yorba Linda TC (S)	4:39.00
3. Katja Dunayevich, Canyon Crest Aca. TC (S)	4:40.68
4. Ananya Balaraman, N. Hollywood TC (LA)	4:41.43

5. Taryn Warren, Del Lago TC (SD)	4:42.37
6. Michelle Ramos, Chino Hills TC (S)	4:43.78

3000m

2016 2/13	Cerritos College, Norwalk
1. Katie Scoville, La Canada TC	10:21.89
2. Evelyn Mandel, Great Oak TC	10:21.93
3. Marisa Rodriguez, Indio TC	10:26.90
4. Katie Camarena, San Juan Hill TC	10:33.01
5. Desiree Stinger, Great Oak TC	10:36.51
6. Sarah Holloway, Los Osos TC	10:38.63

2017 2/11	Arcadia HS, Arcadia
1. Claire Graves, Citrus Valley TC	10:00.05
2. Niki Iyer, Harker TC	10:05.95
3. Kai Bohannon, Liberty TC	10:18.02
4. Arianna Griffiths, Great Oak TC	10:23.12
5. Sarah Shulze, Oak Park TC	10:31.77
6. Emily Donahue, Santa Ynez TC	10:33.83

2018 2/17	Arcadia HS, Arcadia
1. Fatima Cortes, Great Oak TC	10:03.05
2. Tori Gaitan, Great Oak TC	10:05.38
3. Vanessa Gracian, Covina TC	10:11.22
4. Azalea Segura-Mora, Claremont TC	10:29.41
5. Skyler Wallace, Sage Creek TC	10:29.98

2019 2/9	Arcadia HS, Arcadia
1. Tori Gaitan, Great Oak TC	10:07.11
2. Eleanor Wikstrom, Skyline TC	10:11.96
3. Diane Molina, Costa Mesa TC	10:14.79
4. Sofia Abrego, Granada Hills TC	10:21.40
5. Ellaney Matarese, La Canada TC	10:30.54
6. Julia Marriott, Claremont TC	10:30.85

2020 2/8	Arcadia HS, Arcadia
1. Audrey Dang, Great Oak TC	10:13.65
2. Sofia Abrego, Granada Hills TC	10:21.98
3. Kelli Gaffney, Great Oak TC	10:26.66
4. Azalea Segura-Mora, Claremont TC	10:37.19
5. Ashling Fabian, Great Oak TC	10:48.32
6. Diane Molina, Costa Mesa TC	10:49.32

2021
Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
1. Jie Yi Denise Chen, Claremont TC (S)	10:12.13

2. Allura Markow, Dana Hills TC (S)	10:19.26
3. Marjourie Lopez, Shadow Hills TC (S)	10:29.56
4. Danielle Hollander, Beverly Hills TC (S)	10:37.03
5. Megan Crum, Temescal Canyon TC (S)	10:39.33
6. Keely Miyamoto, Eagle Rock TC (LA)	10:04.61

2023 2/4	Arcadia HS, Arcadia
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1. Marjourie Lopez, Shadow Hills TC (S)	10:02.88
2. Reena Hseih, Arcadia TC (S)	10:14.89
3. Mel. DjombyEnyawe, Cor. Del Mar TC (S)	10:15.50
4. Megan Crum, Temsecal Canyon TC (S)	10:24.57
5. Anna Soares, Placer TC (SJ)	10:43.41
6. Chloe Esponda, South Torrance TC (S)	10:50.31

2024 2/3	Arcadia HS, Arcadia
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1. Summer Wilson, JSerra TC (S)	9:48.62
2. Ariella Avina, Murr. Valley TC (S)	9:55.37
3. Megan Crum, Tem Canyon TC (S)	10:04.34
4. Reena Hsieh, Arcadia TC (S)	10:22.62
5. Anna Soares, Placer TC (SJ)	10:33.33
6. Chiara Bonomi, Cath. Catholic TC (SD)	10:34.59

2025 2/8	Arcadia HS, Arcadia
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1. Charlotte Hopkins, Arcadia TC (S)	9:54.09
2. Megan Crum, Temescal Canyon TC (S)	9:54.64
3. Emilia Gonzalez, Arcadia TC (S)	10:06.62
4. Elizabeth Jacklin, ML King TC (S)	10:14.32
5. Isabella Wroblewski, Yorba Linda TC (S)	10:15.91
6. Amelia Sarkisan, Brentwood TC (S)	10:16.73

4 x 200m

2016 2/13	Cerritos College, Norwalk
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1. Serra (Gar) TC (S)	1:40.64
2. La Serra TC (S)	1:43.36
3. Monrovia TC (S)	1:43.69
4. Arcadia TC (S)	1:43.98
5. Rio Mesa TC (S)	1:44.89
6. Great Oak TC (S)	1:49.25

2017 2/11	Arcadia HS, Arcadia
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1. La Sierra TC (S)	1:44.21
2. Corona TC (S)	1:44.71
3. Temecula Valley TC (S)	1:45.75
4. St. Mary's Academy TC (S)	1:46.16
5. Coronado TC (SD)	1:47.39
6. Beckman TC (S)	1:48.33

2018 2/17	Arcadia HS, Arcadia
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1. Rancho NV TC	1:40.43
2. Carson TC (LA)	1:41.67
3. La Sierra TC (S)	1:43.44
4. Dana Hills TC (S)	1:43.64
5. Chino TC (S)	1:44.68
6. St. Mary's Academy TC (S)	1:45.15

2019 2/9	Arcadia HS, Arcadia
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1. Orange Vista TC (S)	1:42.80
2. Roosevelt TC (S)	1:42.94
3. Corona TC (S)	1:44.23
4. Los Alamitos TC (S)	1:45.40
5. Long Beach Jordan TC (S)	1:45.48
6. Roosevelt (B) TC (S)	1:47.62

2020 2/8	Arcadia HS, Arcadia
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1. Roosevelt TC (S)	1:41.31
2. Etiwanda TC (S)	1:42.55
3. Yucaipa TC (S)	1:43.22
4. Vista Murrieta TC (S)	1:44.80
5. Narbonne TC (LA)	1:45.95
6. Beckman TC (S)	1:47.08

2021

Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
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1. Orange Vista (S)	1:46.04
2. Mission Hills (S)	1:46.67
3. Long Beach Jordan (S)	1:47.41
4. Buena TC (S)	1:48.18
5. Los Alamitos TC (S)	1:49.20
6. St. Mary's Academy TC (S)	1:49.74

2023 2/4	Arcadia HS, Arcadia
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1. Serra TC (S)	1:38.94
2. Golden Valley TC (S)	1:38.95
3. Rosary TC (S)	1:42.68
4. Serra TC (B) (S)	1:43.76
5. Carson TC (LA)	1:43.91
6. Valley View TC (S)	1:46.62

2024 2/3	Arcadia HS, Arcadia
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1. St. Mary's Academy TC (S)	1:42.26
2. Buena TC (S)	1:45.71
3. Long Beach Jordan TC (S)	1:46.04
4. Royal TC (S)	1:46.52
5. Liberty TC (S)	1:46.78

6. Los Alamitos TC (S) 1:47.62

2025 2/8 Arcadia HS, Arcadia

1. Canyon CC TC (S) 1:36.65
2. Oaks Christian TC (S) 1:37.81
3. Serra TC (S) 1:44.65
4. ST. Mary's Academy TC (S) 1:44.83
5. St. Joseph TC (S) 1:47.22
6. Liberty TC (C) 1:47.88

800m Sprint Medley

2016 2/13 Cerritos College, Norwalk

1. Corona TC (S) 1:49.94
2. Thousand Oaks TC (S) 1:50.47
3. Serra (Gar) TC (S) 1:50.96
4. Paramount TC (S) 1:51.56
5. Monrovia TC (S) 1:51.64
6. Yorba Linda TC (S) 1:53.55

2017 2/11 Arcadia HS, Arcadia

1. Great Oak TC (S) 1:51.49
2. St. Mary's Academy TC (S) 1:51.85
3. Coronado TC (SD) 1:51.91
4. Yorba Linda TC (S) 1:52.85
5. Los Alamitos TC (S) 1:54.39
6. Menlo TC (CC) 1:54.54

2018 2/17 Arcadia HS, Arcadia

1. Chino TC (S) 1:48.65
2. Dana Hills TC (S) 1:49.19
3. Long Beach Jordan TC (S) 1:49.20
4. St. Mary's Academy TC (S) 1:49.43
5. Beckman TC (S) 1:52.93
6. Mission Hills TC (SD) 1:53.13

2019 2/9 Arcadia HS, Arcadia

1. Calabasas TC (S) 1:44.28
2. Dana Hills TCn (S) 1:48.33
3. St. Mary's Academy TC (S) 1:48.68
4. Leuzinger TC (S) 1:49.88
5. Long Beach Jordan TC (S) 1:52.33
6. Yorba Linda TC (S) 1:52.84

2020 2/8 Arcadia HS, Arcadia

1. Yucaipa TC (S) 1:48.79
2. Vista Murrieta TC (S) 1:50.75
3. Arcadia TC (S) 1:52.64
4. Thousand Oaks TC (S) 1:53.37

5. Fountain Valley TC (S) 1:53.59

6. St. Mary's Academy TC (S) 1:54.41

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Carson TC (LA) 1:50.10
2. Arcadia TC (S) 1:51.34
3. Valencia TC (S) 1:51.87
4. Dana Hills TC (S) 1:52.56
5. Orange Vista TC (S) 1:52.60
6. San Marcos TC (SD) 1:53.21

2023 2/4 Arcadia HS, Arcadia

1. Serra TC (S) 1:45.55
2. Orange Vista TC (S) 1:48.84
3. Redondo TC (S) 1:49.48
4. Long Beach Jordan TC (S) 1:49.92
5. Serra TC (B) (S) 1:54.32
6. Brea Olinda TC (S) 1:54.55

2024 2/3 Arcadia HS, Arcadia

1. Canyon CC TC (S) 1:48.51
2. Birmingham TC (LA) 1:50.46
3. Buena TC (S) 1:51.99
4. St. Mary's Academy TC (S) 1:52.51
5. Long Beach Jordan TC (S) 1:53.97
6. Peninsula TC (S) 1:54.59

2025 2/8 Arcadia HS, Arcadia

1. St. Mary's Academy TC (S) 1:48.80
2. Peninsula TC (S) 1:51.43
3. Liberty TC (C) 1:51.86
4. Elsinore TC (S) 1:53.68
5. Patriot TC (S) 1:57.00
6. Segerstrom TC (S) 1:59.15

4 x 800m

2016 2/13 Cerritos College, Norwalk

1. Great Oak TC (S) 9:34.50
2. Claremont TC (S) 9:54.58
3. Dana Hills TC (S) 9:59.52
4. Great Oak (B) TC (S) 9:59.95
5. Channel Islands TC (S) 10:50.99
6. Claremont (B) TC (S) 10:18.15

2017 2/11 Arcadia HS, Arcadia

1. Great Oak TC (S)	9:33.20
2. Los Alamitos TC (S)	9:46.16
3. Claremont TC (S)	9:49.66
4. Dana Hills TC (S)	9:52.68
5. Pleasant Grove TC (SJ)	10:25.94
6. Claremont (B) TC (S)	10:29.03

2018 2/17	Arcadia HS, Arcadia
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1. Claremont TC (S)	9:51.58
2. Great Oak TC (S)	9:58.34
3. Dana Hills TC (S)	10:09.21
4. Great Oak (B) TC (S)	10:14.64
5. Claremont (B) TC (S)	10:25.19
6. Claremont (C) TC (S)	10:25.85

2019 2/9	Arcadia HS, Arcadia
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1. Great Oak TC (S)	9:41.32
2. Dana Hills TC (S)	9:48.36
3. Claremont TC (S)	10:01.06
4. Los Alamitos TC (S)	10:06.25
5. Great Oak (B) TC (S)	10:20.86
6. Great Oak (C) TC (S)	10:24.40

2020 2/8	Arcadia HS, Arcadia
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1. Great Oak TC (S)	9:43.38
2. Los Alamitos TC (S)	9:50.34
3. Beckman TC (S)	10:00.42
4. Great Oak (B) TC (S)	10:01.10
5. Great Oak (C) TC (S)	10:03.40
6. Claremont TC (S)	10:07.25

2021

Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
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1. JSerra TC (S)	9:13.99
2. La Canada TC (S)	9:37.92
3. JSerra TC (B) (S)	9:47.12
4. Yucaipa TC (S)	9:58.26
5. Etiwanda TC (S)	10:26.24
6. Santa Monica TC (S)	10:27.97

2023 2/4	Arcadia HS, Arcadia
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1. JSerra TC (S)	9:22.83
2. Chino Hills TC (S)	9:32.73
3. JSerra TC (B) (S)	9:34.12
4. Los Alamitos TC (S)	9:58.18
5. Great Oak TC (S)	9:59.54

6. JSerra TC (C) (S)	10:12.68
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2024 2/3	Arcadia HS, Arcadia
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1. Chino Hills TC (S)	9:45.96
2. Los Alamitos TC (S)	9:53.22
3. Great Oak TC (S)	9:57.05
4. Santa Monica TC (S)	10:04.33
5. Yorba Linda TC (S)	10:15.89
6. Santa Monica TC (B)(S)	10:22.53

2025 2/8	Arcadia HS, Arcadia
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1. Chino Hills TC (S)	9:46.93
2. Redondo TC (S)	9:56.15
3. Peninsula TC (S)	9:59.51
4. Los Alamitos TC (S)	10:03.75
5. Great Oak TC (S)	10:07.02
6. Centennial TC (S)	10:09.23

Distance Medley

2016 2/13	Cerritos College, Norwalk
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1. Great Oak TC (S)	12:31.78
2. Arcadia TC (S)	12:42.97
3. Claremont TC (S)	12:50.69
4. Warren TC (S)	13:00.01
5. Santa Monica TC (S)	13:02.00
6. Bakersfield TC (C)	13:03.93

2017 2/11	Arcadia HS, Arcadia
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1. Great Oak TC (S)	12:21.20
2. Claremont TC (S)	12:30.17
3. Santa Monica TC (S)	12:51.08
4. Claremont (B) TC (S)	13:13.59
5. Great Oak (B) TC (S)	13:14.15
6. Bishop Amat TC (S)	13:34.38

2018 2/17	Arcadia HS, Arcadia
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1. Claremont TC (S)	12:17.75
2. Great Oak TC (S)	12:45.53
3. Santa Monica TC (S)	12:58.24
4. Claremont (B) TC (S)	12:58.89
5. Granite Hills TC (S)	13:05.57
6. Dana Hills TC (S)	13:09.56

2019 2/9	Arcadia HS, Arcadia
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1. Claremont TC (S)	12:41.94
2. Great Oak TC (S)	13:13.00
3. Serrano TC (S)	13:19.71
4. Covina TC (S)	13:21.74

5. Los Alamitos TC (S)	13:28.51
6. Pleasant Grove TC (SJ)	13:34.07

2020 2/8 Arcadia HS, Arcadia

1. Great Oak TC (S)	12:27.99
2. La Canada TC (S)	12:48.36
3. Claremont TC (S)	12:55.39
4. Serrano TC (S)	12:55.67
5. Great Oak (B) TC (S)	12:55.77
6. Serrano (B) TC (S)	13:17.31

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Great Oak TC (S)	12:53.23
2. Claremont TC (S)	13:05.91
3. Great Oak TC B (S)	13:26.01

2023 2/4 Arcadia HS, Arcadia

1. Oaks Christian TC (S)	11:47.11
2. Claremont TC (S)	12:39.98
3. Granada Hills Charter TC (LA)	12:52.15
4. La Serna TC (S)	13:08.25
5. Oaks Christian TC (B) (S)	13:13.66
6. Oaks Christian TC (C) (S)	13:20.83

2024 2/3 Arcadia HS, Arcadia

1. Oaks Christian TC (S)	12:49.04
2. El Camino TC (SD)	13:21.64
3. Pleasant Grove TC (SJ)	13:24.79
4. Oaks Christian TC (B)(S)	13:47.81

2025 2/8 Arcadia HS, Arcadia

1. Oaks Christian TC (S)	12:45.41
2. Mt. Carmel TC (SD)	13:07.17
3. El Dorado TC (S)	13:12.59
4. Beaumont TC (S)	13:44.14
5. Mission Vista TC (SD)	13 :46.23
6. Valencia TC (S)	13 :47.28

High Jump

2016 2/13 Cerritos College, Norwalk

1. Hannah Hanson, AAE TC (S)	5' 4"
2. Hannah Nance, San Dimas TC (S)	5' 4"
3. Chianne Warner, Knight TC (S)	5' 4"
3. Abby McPhillips, Oak Park TC (S)	5' 4"
5. Dominique Ruotolo, Mater Dei TC (S)	5' 2"

5. Kallie Given, Los Alamitos TC (S)	5' 2"
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2017 2/11 Arcadia HS, Arcadia

1. Abigail Burke, Riverside Poly TC	5' 5"
2. Kallie Given, Los Alamitos TC	5' 3"
3. Victoria Plummer, Moorpark TC	5' 3"
4. Winter Carreno, Paloma Valley TC	5' 3"
5. Devy Weisenberger, Rio Mesa TC	5' 1"
6. Alysah Hickey, Coronado TC	5' 1"

2018 2/17 Arcadia HS, Arcadia

1. Abby Holt, Claremont TC (S)	5' 2"
2. Caylan Medley, Linfield Christian TC (S)	5' 2"
3. Paige Sommers, Westlake TC (SD)	5' 0"
3. Lauren Battle, Aliso Niguel TC (S)	5' 0"
3. Alanna Stein, Great Oak TC (S)	5' 0"
6. Emily Sun, St. Margarets TC (S)	5' 0"
6. Madison Moneymaker, Ayala TC (S)	5' 0"
6. Sara Griffith, Rosary TC (S)	5' 0"
6. Amelia Wiggs, Los Alamitos TC (S)	5' 0"

2019 2/9 Arcadia HS, Arcadia

1. Maia Garcia, Santa Clara TC (CC)	5' 1"
2. Victoria Plummer, Moorpark TC (S)	5' 1"
2. France Feidleberg, Del Norte TC (SD)	5' 1"
4. Amelia Wiggs, Los Alamitos TC (S)	5' 1"
5. Lauren Battle, Aliso Niguel TC (S)	4' 11"
6. Ireland Nowak, Thousand Oaks TC (S)	4' 11"

2020 2/8 Arcadia HS, Arcadia

1. Isabella Palchak, St. Francis TC (S)	5' 5"
2. Victoria Plummer, Moorpark TC (S)	5' 3"
3. Quynh Gedney, Moorpark TC (S)	5' 1"
4. Kylee Davis, Golden Valley TC (S)	5' 1"
5. Claire Predmore, Bullard TC (C)	5' 1"
6. Caylan Medley, Linfield Christian TC (S)	5' 1"

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Amara Thomas, Valley View TC (S)	5' 5"
2. Meagan Humpries, Golden Valley TC (S)	5' 4"
2. Kylee Davis, Golden Valley TC (S)	5' 4"
4. Mackenzie Kirk, Los Alamitos TC (S)	5' 2"
5. Macaria Moore, Eastlake TC (SD)	5' 2"
6. Kelly Dejong, Maranatha TC (S)	5' 0"

2023 2/4	Arcadia HS, Arcadia
1. Meagan Humphries, Castaic TC (S)	5' 10.25"
2. Amara Thomas, Valley View TC (S)	5' 5"
3. Saydee Garcia, El Segundo TC (S)	5' 3"
4. Kelly DeJong, Maranatha Christian TC (S)	5' 3"
5. Madison Thai, Thousand Oaks TC (S)	5' 3"
6. Favour Iyasere, Pleasant Grove TC (SJ)	5' 1"

2024 2/3	Arcadia HS, Arcadia
1. Jillene Wetteland, Long Beach Poly TC (S)	5' 6"
2. Valentina Fakrogha, Ventura TC (S)	5' 6"
3. Amara Thomas, Valley View TC (S)	5' 4"
3. Makena Baily, Chino Hills TC (S)	5' 4"
5. Alyssa Porter, Pleasant Grove TC (SJ)	5' 2"
5. Emoree Smith, Vista Murrieta TC (S)	5' 2"

2025 2/8	Arcadia HS, Arcadia
1. Jillene Wetteland, Long Beach Poly TC (S)	5' 10"
2. Julia Teven, Brea Olinda TC (S)	5' 6"
2. Lelani Laruelle, Monte Vista TC (CC)	5' 6"
4. Ava Schauweker, Mira Costa TC (S)	5' 4"
5. London Williams, Granda Hills Ch. TC (LA)	5' 2"
6. Madison Thai, Thousand Oaks TC (S)	5' 2"

Pole Vault

2016 2/13	Cerritos College, Norwalk
1. McKenna Caskey, Mater Dei TC (S)	12' 0"
2. Shelby Noble, Clovis West TC (C)	12' 0"
2. Kaitlin Heri, Redondo TC (S)	12' 0"
2. Amanda Block, Beverly Hills TC (S)	12' 0"
5. Brigitte Grau, Mira Costa TC (S)	11' 6"
6. Sarah Prystupa, Burroughs TC (S)	11' 6"

2017 2/11	Arcadia HS, Arcadia
1. Laurel Wong, Santa Catalina TC (CC)	12' 10.25"
2. Brooke Tjerrild, Clovis North TC (C)	12' 8.25"
3. Jacqueline Ahrens, Peninsula TC (S)	12' 2.5"
4. Alexandria Gray, Chaparral TC (S)	11' 2.5"
5. Mia Cerrantes, Poway TC (SD)	11' 2.5"
6. Brooke Anger, Los Alamitos TC (S)	10' 8.75"

2018 2/17	Arcadia HS, Arcadia
1. Laurel Wong, Santa Catalina TC (CC)	13' 3"
2. Amari Turner, Redondo TC (S)	12' 4"
3. Paige Sommers, Westlake TC (SD)	11' 10"
4. Morgan Simon, Corona Del Mar TC (SD)	11' 10"
5. Tessa Watkins, Roosevelt TC (S)	11' 10"
6. Ellison Colarossi, Tesoro TC (S)	11' 10"

2019 2/9	Arcadia HS, Arcadia
1. Laurel Wong, Santa Catalina TC	12' 10"
2. Paige Sommers, Westlake TC	12' 4"
3. Camryn Thomson, Poway TC	12' 4"
4. Elizabeth Funk, Clovis West TC	11' 10"
5. Amari Turner, Redondo TC	11' 4"
5. Amber Racina, West Ranch TC	11' 4"

2020 2/8	Arcadia HS, Arcadia
1. Ashley Callahan, Rancho Bernardo TC	13' 5"
2. Paige Sommers, Westlake TC	12' 11"
3. Ellison Colarossi, Tesoro TC	11' 11"
3. Melodie Quiroz, Rancho Bernardo TC	11' 11"
5. Kaitlyn Swenson, Great Oak TC	11' 11"
6. Katerina Adamiec, Poway TC	11' 11"

2021
Meet Cancelled (Covid)

2022 1/29	Arcadia HS, Arcadia
1. Lexi Evan, Scripps Ranch TC (SD)	13' 2"
2. Allison Leigh, Del Norte TC (SD)	12' 7"
3. Madisyn Negro, Murrieta Valley TC (S)	12' 1"
4. Evangeline Thomson, Poway TC (SD)	12' 1"
5. Kelly DeJong, Maranatha TC (S)	11' 7"
5. Avery Hillard, Poway TC (SD)	11' 7"

2023 2/4	Arcadia HS, Arcadia
1. Iliana Downing, La Costa Canyon TC (SD)	12' 4"
2. Kelly DeJong, Maranatha Christian TC (S)	11' 10"
3. Jordan Kinkead, La Jolla Country Day TC (SD)	11' 10"
4. Cassandra Cinzor, San Dieguito Acad. TC (SD)	11' 10"
5. Jessie Condliff, Canyon Crest Acad. TC (SD)	11' 4"
6. Shayna Hinds, Great Oak TC (S)	11' 4"

2024 2/3	Arcadia HS, Arcadia
1. Kelly DeJong, Maranatha Chr TC (S)	12' 8"
2. Sofia Rakfeldt, Harvard-Westlake TC (S)	11' 7"
3. Alisa Galkina, Torrey Pines TC (SD)	11' 1"
4. Maya Khoury, Fallbrook TC (SD)	11' 1"
5. Isabella Abrahms, Fountain Valley TC (S)	11' 1"
6. Shelly Coates, Great Oak TC (S)	11' 1"
6. Kate Suemnick, Chaparral TC (S)	11' 1"

2025 2/8	Arcadia HS, Arcadia
1. Jessica Condliff, Canyon Crest Aca TC (SD)	12' 4"
2. Kate Suemnick, Chaparral TC (S)	11' 7"

3. Olivia Bettinger, Los Alamitos TC (S)	11' 7"
4. Cassidy Nguyen, Los Alamitos TC (S)	11' 7"
5. Shelly Coates, Great Oak TC (S)	11' 7"
5. Claudia Turner, Westlake TC (S)	11' 7"

Long Jump

2016 2/13 Cerritos College, Norwalk

1. Courtney Corrin, Harvard-Westlake TC	20' 1"
2. Rhesa Foster, Clovis North TC	19' 3"
3. Naiah Boardingham, El Camino Real TC	18' 7.25"
4. Rachael Estell, Mountain View TC	18' 6.25"
5. Kendall Guidetti, Oak Park TC	17' 9"
6. Alison Parsons, Los Alamitos TC	17' 8"

2017 2/11 Arcadia HS, Arcadia

1. Katherine Jackson, Rodriquez TC	19' 4"
2. Yinka Braimah, Palos Verdes TC	18' 7.75"
3. Noelle Schiller, Westlake TC	18' 6.5"
4. Jaylah Herron, Mira Costa TC	18' 4.75"
5. Justice Smith, Highland TC	17' 4.75"
6. Dominique Ruotolo, Mater Dei TC	17' 2"

2018 2/17 Arcadia HS, Arcadia

1. Jo'non Young, Carson TC	19' 4.75"
2. Micah Fulton, Muir TC	19' 0.25"
3. Dominique Ruotolo, Mater Dei TC	18' 11.25"
4. Anyssa Romo, Ayala TC	18' 5.5"
5. Maddie Lyon, Woodbridge TC	18' 5"
6. Jaylen Walker, Carson TC	17' 10.5"

2019 2/9 Arcadia HS, Arcadia

1. Sophia Hartwell, Orange Lutheran TC	17' 9"
2. Summer Stevenson, Great Oak TC	17' 2.5"
3. Katherine Kluver, Redondo TC	16' 9.5"
4. A'Lena Chaney, Serra TC	16' 8.75"
5. Grace Chen, Grace Brethren TC	16' 6.5"
6. Meagan Kiefer, Branham TC	16' 4.75"

2020 2/8 Arcadia HS, Arcadia

1. Caelyn Harris, Upland TC (S)	20' 4.5"
2. Asjah Attkinson, St. Anthony TC (S)	19' 0"
3. Summer Stevenson, Great Oak TC (S)	18' 6.5"
4. Avery Benitez-Fanslow, Thous. Oaks TC (S)	17' 10.5"
5. Eve Divinity, Redondo TC (S)	17' 3.5"
6. Kylee Davis, Golden Valley TC (S)	16' 11"

2022 1/29 Arcadia HS, Arcadia

1. Lauren Reed, Long Beach Poly TC (S)	18' 7"
2. Kylee Davis, Golden Valley TC (S)	18' 4"
3. Eve Divinity, Redondo TC (S)	18' 3"
4. Danielle Irvin, Oaks Christian TC (S)	17' 8"
5. Meagan Humphries, Golden Valley TC (S)	17' 7"
6. Luaren Thai, Agoura TC (S)	17' 2"

2023 2/4 Arcadia HS, Arcadia

1. Alyssa Hope, ML King TC (S)	19' 9"
2. Jaiya Fletcher, Serra TC (S)	17' 9.5"
3. Christina Gray, Carson TC (LA)	17' 7.5"
4. Jordyn Brooks, Serra TC (S)	17' 2"
5. Tayhlore Hoagland, Rancho Bernardo TC (SD)	17' 2"
6. Niani Jones, Carter TC (S)	16' 11"

2024 2/3 Arcadia HS, Arcadia

1. Alyssa Alumbres, Vista Murrieta TC (S)	18' 9.5"
2. Malia Jones, Oceanside TC (SD)	18' 3"
3. Ellie McCuskey-Hay, St. Ignatius TC (CC)	18' 2"
4. Quiana Laughlin, Burroughs Bur. TC (S)	18' 0.5"
5. Jenna Morales, Ayala TC (S)	17' 5"
6. Destiny Rayburn, Blair TC (S)	17' 2.5"

2025 2/8 Arcadia HS, Arcadia

1. Nyah Fields, Golden Valley TC (S)	18' 10.75"
2. Ellie McCuskey-Hay, St. Ignatius TC (CC)	18' 8.25"
3. AB Hernandez, Jurpa Valley TC (S)	18' 4.75"
4. Brooke White, River City TC (S)	18' 3.25"
5. Malia Jones, Oceanside TC (SD)	18' 1.75"
6. Jenna Morales, Ayala TC (S)	17' 7.5"
7. Quiana Laughlin, Burroughs TC (S)	17' 7.5"

Triple Jump

2016 2/13 Cerritos College, Norwalk

1. Ciynamon Stevenson, Great Oak TC	39' 3.5"
2. Caice Lanovaz, Los Gatos TC	37' 5"
3. Dominique Ruotolo, Mater Dei TC	36' 5"
4. Justice Smith, Highland TC	35' 9.5"
5. Olivia Nash, Calvin Christian TC	35' 7.5"
6. Cheyenne Cheshier, Valencia TC	35' 3.25"

2017 2/11 Arcadia HS, Arcadia

1. Dominique Ruotolo, Mater Dei TC	39' 0.25"
2. Micah Fulton, Muir TC	39' 0.25"
3. Cheyenne Cheshier, Valencia TC	37' 5"
4. Justice Smith, Highland TC	37' 1"

2021

Meet Cancelled (Covid)

5. Yinka Braimah, Palos Verdes TC	36' 11"
6. Elizabeth Weeks, Santa Margarita TC	36' 9.75"

2018 2/17 Arcadia HS, Arcadia

1. Micah Fulton, Muir TC	41' 5"
2. Dominique Ruotolo, Mater Dei TC	41' 1"
3. Jo'non Young, Carson TC	38' 4"
4. Maddie Lyon, Woodbridge TC	37' 6"
5. Carissa Hall, Immanuel TC	36' 9"
6. Madison MoneyMaker, Ayala TC	36' 7"

2019 2/9 Arcadia HS, Arcadia

1. Summer Stevenson, Great Oak TC	39' 0.5"
2. Shelbi Schauble, West Ranch TC	38' 1"
3. Sophia Harwell, Orange Lutheran TC	38' 0"
4. Ivy Nguyen, Beckman TC	36' 3"
5. Brianna Gibson, High Tech TC	35' 9"
6. Madeline Martin, Desert TC	35' 0"

2020 2/8 Arcadia HS, Arcadia

1. Sameerah Evans, Vallejo TC (NC)	39' 3"
2. Arrieya Harper, Carson TC (LA)	38' 8"
3. Summer Stevenson, Great Oak TC (S)	38' 1"
4. Avery Benitez-Fanslow, Thous.Oaks TC (S)	37' 6"
5. Kerrington Smith, Upland TC (S)	37' 5"
6. Brianna Gibson, High Tech TC (SD)	36' 6"

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Lauren Reed, Long Beach Poly TC (S)	38' 4.5"
2. Mackenzie Kirk, Los Alamitos TC (S)	37' 1.5"
3. Olivia Bowd, Golden Valley TC (S)	36' 6"
4. Kelaiyah Johnston, Muir TC (S)	36' 1.5"
5. Morgan King, Long Beach Poly TC (S)	36' 1"
6. Zoe Tibbo, South Pasadena TC (S)	35' 8"

2023 2/4 Arcadia HS, Arcadia

1. Alyssa Hope, ML King TC (S)	39' 10"
2. Quincie Richards, Royal TC (S)	36' 5"
3. Jordyn Brooks, Serra TC (S)	36' 3"
4. Juliana Roberson, Whitney TC (S)	36' 1.25"
5. Karalyn Cheng, El Dorado TC (S)	35' 11.25"
5. Mia Holden, South Pasadena TC (S)	35' 11.25"

2024 2/3 Arcadia HS, Arcadia

1. AB Hernandez, Jurupa Valley TC (S)	38' 2"
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2. Malia Jones, Oceanside TC (SD)	37' 9"
3. Skye Odom, Vanden TC (SJ)	36' 8"
4. Makena Bailey, Chino Hills TC (S)	36' 6"
5. Karalyn Cheng, El Dorado TC (S)	36' 4"
6. Shemi Brown-Dawson, Pleas. Grove TC (SJ)	36' 3"

2025 2/8 Arcadia HS, Arcadia

1. AB Hernandez, Jurupa Valley TC (S)	40' 1"
2. Malia Jones, Oceanside TC (SD)	38' 7"
3. Sophia Romaniello, Elsinore TC (S)	36' 7"
4. Zoe Tramble, St. Bernard TC (S)	36' 4"
5. Shemi Brown-Dawson, Pleas. Grove TC(SJ)	36' 0"
6. Amaya DeFlorimonte, B. O'Dowd TC (NC)	35' 6.5"
7. Crystal Steier, Elsinore TC (S)	35' 5.5"

Shot Put

2016 2/13 Cerritos College, Norwalk

1. Alladia Patterson, Louisville TC	39' 11"
2. Faimalie Sale, Los Alamitos TC	39' 2"
3. Klaryssa Moreno, Sanger TC	38' 0"
4. Ailini Willaims, Paramount TC	35' 7"
5. Amanda Rosilez, Chaparral TC	35' 3"
6. Kayla-Nylene Pemasa, Marina TC	34' 11"

2017 2/11 Arcadia HS, Arcadia

1. Alladia Patterson, Louisville TC	40' 6.75"
2. Faimalie Sale, Los Alamitos TC	40' 5"
3. Kayla-Nyle Pemasa, Marina TC	38' 4.25"
4. Meredith Weinstock, Thousand Oaks TC	35' 9.25"

2018 2/17 Arcadia HS, Arcadia

1. Faimalie Sale, Los Alamitos TC	41' 11.5"
2. Ana Tovi, San Geronio TC	41' 7"
3. Faith Bender, Liberty TC	40' 11"
4. Evalen Garcia, Norco TC	37' 6.5"
5. Alejandra Rosales, Marina TC	35' 7.5"
6. Tayla Crenshaw, Costa Mesa TC	34' 8"

2019 2/9 Arcadia HS, Arcadia

1. Natalie Ramirez, West Ranch TC	47' 0"
2. Faith Bender, Liberty TC	45' 1"
3. Keely Toafau, Fountain Valley TC	38' 7.5"
4. Kamryn Pohl, Norco TC	36' 6.5"
5. Soley Lymon, Elsinore TC	35' 6.5"
6. Hope Gordon, Heritage Christian TC	35' 5.5"

2020 2/8 Arcadia HS, Arcadia

1. Faith Bender, Liberty TC	44' 3.5"
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2. Brianna Kelpis, Quartz Hills TC	40' 3"
3. Carly Soenkson, Arroyo Grande TC	38' 11"
4. Hope Gordon, Heritage Christian TC	37' 10"
5. Isabella Rigby, Liberty TC	37' 0.5"
6. Alejandra Rosales, Marina TC	36' 1"

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Sinaiah Pointer, Etiwanda TC (S)	38' 0"
2. Lauryn Williams, Carson TC (LA)	37' 7.75"
3. Taylor Hofland, Los Alamitos TC (S)	37' 2.5"
4. Lauryn Arceo, California TC (NC)	34' 7.75"
5. Nadia Combs-Mahone, Los Osos TC (S)	34' 5.5"
6. Brylan Carter, Muir TC (S)	33' 6.5"

2023 2/4 Arcadia HS, Arcadia

1. Sinaiah Pointer, Etiwanda TC (S)	39' 11.75"
2. Taylor Hofland, Los Alamitos TC (S)	39' 3"
3. Mai Ricks, Long Beach Poly TC (S)	38' 9.5"
4. Kiera Donovan, Golden Valley TC (S)	38' 4.75"
5. Alexa Sheldon, Edison TC (S)	37' 8"
6. Mackenzie Monson, South Torrance TC (S)	36' 5.5"

2024 2/3 Arcadia HS, Arcadia

1. Mai Ricks, Long Beach Poly TC (S)	41' 8.25"
2. Makenzie Monson, South Torrance TC (S)	39' 9"
3. Lauryn Willaims, Carson TC (LA)	38' 9.75"
4. Lillian Wilson, Paraclete TC (S)	38' 3.5"
5. Su'Riah Williams, Ran. Bernardo TC (SD)	36' 10.5"
6. Andreesse Ortiz, Heritage TC (S)	36' 9.25"

2025 2/8 Arcadia HS, Arcadia

1. Jaslene Massey, Aliso Niguel TC (S)	47' 0.25"
2. Su'Riah Willaims, Redlands TC (S)	41' 4.25"
3. Courtnie Batchelor, St. Mary's Aca TC (S)	38' 3.75"
4. Malia Martin, Archbishop Mitty TC (CC)	38' 2.5"
5. Kiera Donovan, Golden Valley TC (S)	37' 5.75"
6. Kiya Willis, Golden Valley TC (SJ)	35' 10.25"

Weight Throw

2016 2/13 Cerritos College, Norwalk

1. Caitlin McClain, San Joaquin Delta TC	46' 0.75"
2. Elizabeth Jones, Corona Del Mar TC	40' 8"
3. Amanda Truong, Esperanza TC	38' 2.5"
4. Jordynn Dorado, Nipomo TC	32' 6.75"
5. Chelsie Patterson, Nipomo TC	26' 6"

6. Ashley Wickham, Nipomo TC 24' 0.5"

2017 2/11 Arcadia HS, Arcadia

1. Faimalie Sale, Los Alamitos TC	47' 2.5"
2. Jessianne Solis, Highland TC	39' 11.5"
3. Madison Holt, Elk Grove TC	39' 7.25"
4. Amanda Cooper, Corona Del Mar TC	38' 7.75"
5. Sorin Moore, Malibu TC	33' 1"

2018 2/17 Arcadia HS, Arcadia

1. Faimalie Sale, Los Alamitos TC	54' 6.5"
2. Faith Bender, Liberty TC	44' 11.5"
3. Emma Robbins, Esperanza TC	41' 10.75"
4. Madison King, Pitman TC	38' 5.25"
5. Jessianne Solis, Highland TC	36' 6.25"
6. Madison Silva, Valley Christian TC	28' 10.25"

2019 2/9 Arcadia HS, Arcadia

1. Dayanara Cendejas, Warren TC	48' 4.75"
2. Faith Bender, Liberty TC	45' 7.25"
3. Jessianne Solis, Highland TC	44' 8.25"
4. Natalie Ramirez, West Ranch TC	43' 11.75"
5. Madison King, Pitman TC	42' 0.75"
6. Soley Lymon, Elsinore TC	36' 5.75"

2020 2/8 Arcadia HS, Arcadia

1. Jillian Stafford, Dana Hills TC	48' 6.25"
2. Dayanara Cendejas, Warren TC	46' 4.25"
3. McKenna Chaney, Buchanan TC	42' 0"
4. Erynn Pasamba, West Ranch TC	39' 1.25"
5. Caitlyn Bell, Pitman TC	38' 9"
6. Faitalia Ah-Fook, Warren TC	36' 11"

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Hailey Hernandez, Pleasant Grove TC (SJ)	45' 5"
2. Erica Walker, Sonora TC (C)	40' 4.25"
3. Mackenzie Monson, South Torrance TC (S)	37' 8.5"
4. Deana Davis, Great Oak TC (S)	36' 5"
5. Claire Fitzgerald, Quartz Hill TC (S)	36' 2.25"
6. Adriana Lopez, Pleasant Grove TC (SJ)	32' 1"

2023 2/4 Arcadia HS, Arcadia

1. Mckenzie Monson, South Torrance TC (S)	42' 0.5"
2. Gracelyn Brown, Granite Bay TC (SJ)	41' 5.5"
3. Marielle Winuk, Pleasant Grove TC (SJ)	41' 0.5"

4. Amanda Javeliana, Pleasant Grove TC (SJ) 39' 4.5"
5. Mai Ricks, Long Beach Poly TC (S) 38' 5"
5. Taylor Hofland, Los Alamitos TC (S) 38' 5"

2024 2/3 Arcadia HS, Arcadia

1. Ronan Gallagher, Folsom TC (SJ) 52' 5.25"
2. Alexa Sheldon, Edison TC (S) 45' 6.5"
3. Amanda Javellana, Pleasant Grove TC (SJ) 45' 3
4. MacKenzie Monson, South Torrance TC (S) 43' 8.5"
5. Lauryn Williams, Carson TC (LA) 43' 7.75"
6. Corynn Smith, Desert Christian TC (S) 43' 3.5"

2025 2/8 Arcadia HS, Arcadia

1. Amanda Javallana, Pleasant Grove TC (SJ) 51' 5.5
2. Thea Jeffress, Clayton Valley TC (NC) 50' 0.5
3. Corynn Smith, Desert Christian TC (S) 49' 5.5"
4. Elizabeth Ojukwu, Pleasant Grove TC (SJ) 48' 8"
5. Jamie Deines, Redondo TC (S) 47' 7.5"
6. Sarah Isais, Warren TC (S) 44' 2.75"

Pentathlon

2016 2/13 Cerritos College, Norwalk

1. Tierra Crockrell, Calabasas TC 3422
2. Kate Kutzer, South Pasadena TC 3312
3. Davina Pham, Fountain Valley TC 2923
4. Kellie May, Northwood TC 2597
5. Shaylynn Wynn, San Dimas TC 2325
6. Kelly Cone, Simi Valley TC 1605

2017 2/11 Arcadia HS, Arcadia

1. Tierra Crockrell, Calabasas TC 3622
2. Samantha Seaton, Westlake TC 3410
3. Kellie May, Northwood TC 2643
4. Bree Smentkowski, Huntington Beach TC 2576
5. Yasmyn Harris, Lincoln TC 2486
6. Jessica Brewer, Lincoln TC 1667

2018 2/17 Arcadia HS, Arcadia

1. Stephanie Yen, Arcadia TC 2940
2. Kalea Brown, JSerra TC 2915
3. Yasmyn Harris, Lincoln TC 2742
4. Bree Smentkowski, Huntington Beach TC 2681
5. Kimberly James, Monroe TC 2610
6. Daniela Lopez, Elsinore TC 2551

2019 2/9 Arcadia HS, Arcadia

1. Skye Lattimore, Orange Vista TC 2784
2. Yasmyn Harris, Lincoln TC 2729

3. Maya Rush, Covina TC 2638
4. Daniela Lopez, Elsinore TC 2467
5. Brianna Kelpis, Quartz Hills TC 2372
6. Kyli Moon-Rumsey, Huntington Beach TC 2316

2020 2/8 Arcadia HS, Arcadia

1. Kailah McKenzie, Orange Vista TC 3134
2. Brianna Kelpis, Quartz Hills TC 2893
3. Ariana Gonzalez, Ayala TC 2850
4. Mikayla Hayman, Lancaster TC 2793
5. Madeline Seifert, Ayala TC 2738
6. Ireland Nowak, Thousand Oaks TC 2558

2021

Meet Cancelled (Covid)

2022 1/29 Arcadia HS, Arcadia

1. Giovana Pelascini, Trinity Pac. Chr. TC (CC) 3007
2. Yvett Harris, Lincoln TC (SJ) 2903
3. Madeline Seifert, Ayala TC (S) 2493
4. Jalyn Guglielmana, Elsinore TC (S) 2356
5. Katie Knowles, Pleasant Grove TC (SJ) 2271

2023 2/4 Arcadia HS, Arcadia

1. Yvette Harris, Lincoln TC (SJ) 3371
2. Giovana Pelascini, Trinity Pac. Chr. TC (CC) 3360
3. Daj'Eauna Williams, Elsinore TC (S) 3231
4. Ellie McCuskey-Hay, St. Ignatius TC (CC) 2858
5. Larissa Hackley, St. Marys TC (SJ) 2798
6. Makena Bailey, Chino Hills TC (S) 2768

2024 2/3 Arcadia HS, Arcadia

1. Meagan Humphries, Castaic TC (S) 3796
2. Katie McGuinness, La Canada TC (S) 3242
3. Taylor Oden, Arch. Mitty TC (CC) 2869
4. Vanessa Chavira, Valley View TC (S) 2677
5. Rauni Streda, Laguna Hills TC (S) 2347
6. Makayla Wilbanks, Orange Vista TC (S) 2110

2025 2/8 Arcadia HS, Arcadia

1. Katie McGuinness, La Canada TC (S) 3366
2. Avery Leck, San Marcos TC (S) 3227
3. Larissa Hackley, St. Mary's TC (SJ) 2911
4. Stella Finnestead, Great Oak TC (S) 2784
5. Elina Stump, Santa Barbara TC (S) 2657
6. Taylor Burton, Dana Hills TC (S) 2601